

## Fitting of Particulate Filter Respirators

To ensure your Particulate Filter Respirator provides the intended level of protection, it is important that the respirator is applied properly, and that a "Fit Check" is performed EACH AND EVERY TIME you wear it.

**NOTE:** When using a Particulate Filter Respirator, the coloured side MUST be worn facing outward and upward.



### Directions for Proper Donning:

Properly donning your Particulate Filter Respirator may feel a little awkward at first, but it will become easier with repeated applications. Please use the instructions to the right when applying this respirator.

### Achieving a Good Fit:

If you have a problem successfully Fit Checking your respirator, try the following:

1. Use a mirror while adjusting the respirator
2. Ask someone to look for hair or earrings that might be caught in the seal
3. Make sure the headbands are positioned properly. It is especially important that the top headband is on the crown of your head, as it is designed to hold the bottom of the respirator snug against your chin



**1** Separate mask to open fully



**2** Gently pre-bend nosepiece to conform mask to face



**3** Hold mask upside down to expose the two headbands



**4** Separate the headbands with index fingers



**5** Cup the mask under chin (yellow side out)



**6** Bring the headbands over the head



**7** Place the first headband at neck, Pull the remaining headband up and place at crown



**8** Form nosepiece tightly across bridge of nose and face. Adjust mask to achieve facial seal

**Do not proceed with your activities until you have checked your respirator successfully**

### Attention

If after trying these tips you are still unable to successfully Fit Check your respirator, please contact one of our product specialists on the numbers provided below.

The above instructions apply to the following respirators within the Kimberly Clark range:



PFR 95

PFR P1

PFR P2

PFR P3

### It is important to fit check the respirator every time you wear it

Forcefully inhale and exhale several times. The respirator should collapse slightly when you inhale and expand when you exhale. You should not feel any air leaking between your face and the respirator. If the respirator does not collapse and expand OR if air is leaking out between your face and the respirator, then you have NOT achieved a good facial fit. Adjust the respirator until the leakage is corrected and you are able to successfully Fit Check your respirator.